

## One 7<sup>th</sup> in Time

my impressions

Choose from the following phrases those which best describe your impression of each of the statements below.

- A. I never thought of that before    B. That gives me hope  
C. That's interesting    D. That's news to me    E. Impressive  
F. Amazing    G. That challenges me    H. It makes sense  
I. I see it, but I'll need time to get used to it    J. Other \_\_\_\_\_

1. Jesus claimed to be Lord of the Sabbath. If His Sabbath doesn't exist, it makes you wonder how He could be Lord of it! (Matthew 12:8<sup>1</sup>; Mark 2:28<sup>3</sup>)
2. Jesus taught that God's gift of the Sabbath was not given to any special people group, but to all mankind. After all, only Adam & Eve were in the Garden, representing all mankind. (Genesis 2:2, 3<sup>2</sup>; Mark 2:27<sup>4</sup>)
3. Not only did perfect people in a perfect world enjoy the Sabbath, but Moses directed the Israelites to begin keeping the Sabbath again, *before* they left Egypt. (Exodus 5:5<sup>5</sup>)
4. At Mt. Sinai, God wrote the Ten Commandments, including the Sabbath commandment (the 4<sup>th</sup>) with His own finger upon tables of stone. (Exodus 31:18; Deuteronomy 9:10; Exodus 20:8<sup>6-11</sup>)
5. "What difference does it make what day we rest?" one might ask. The only reason we can give for its observance is, "He's God, He created it, and He asked us to." (Genesis 2:2, 3<sup>2</sup>; Isaiah 45:12)
6. The prophetic words of Jesus anticipated that the Sabbath would still be observed by His faithful followers at the time of Jerusalem's destruction in AD 70. (Matthew 24:20<sup>7</sup>; Luke 6:5)
7. According to the apostles, Jesus was the one who created everything, including time and its seventh part—the Sabbath. This is the only validation for Jesus claiming to be Lord of the Sabbath. (John 1:3; Colossians 1:16, 17; Matthew 12:8<sup>1</sup>)
8. The Sabbath is eternal, given to perfect people in a perfect world, given again to those who choose to follow Him, and will be observed by all the redeemed in heaven and the new earth. (Genesis 2:2, 3<sup>2</sup>; Deuteronomy 5:13-15; Isaiah 66:23)

**Choices:** Are you willing to let God show Himself strong in your behalf like He did for Claudie and Pavel? \_\_\_\_\_

# Thunder

IN THE  
HOLY LAND

LESSON 12

## ONE 7<sup>TH</sup> IN TIME

1. **Matthew 12:8** ... the Son of man is \_\_\_\_\_ even of the sabbath day.
2. **Genesis 2:2, 3** And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day, and \_\_\_\_\_ it [made it holy]: because that in it he had rested from all his work which God created and made.  
*Insight: The very first thing God ever made holy was time.*
3. **Mark 2:28** Therefore the Son of man is \_\_\_\_\_ also of the sabbath.
4. **Mark 2:27** And he said unto them, The sabbath was made for \_\_\_\_\_, and not man for the sabbath:  
*Insight: According to Jesus the Sabbath was made for man, that is mankind.*  
*Sabbath was a gift to all mankind of His personal presence.*
5. **Exodus 5:5** And Pharaoh said, Behold, the people of the land now are many, and ye make them \_\_\_\_\_ [shabath] from their burdens.  
*Insight: Before the Jews ever ended up at Sinai, before they ever received the Ten Commandments, Moses was reminding them to honor God by keeping His Sabbath or shabath. By keeping it they were resting in His power, not only to create, but to deliver.*
6. **Exodus 20:8** \_\_\_\_\_ the sabbath day, to keep it holy.

7. **Matthew 24:20** . . . pray ye that your flight be not in the winter, neither on the \_\_\_\_\_ day.

**Insight:** *This command starts with the word "Remember." That is because the Sabbath had been there since the creation of the world and mankind.*

**Shalom David, cameo presenter:** *In Exodus 16 we find the story of the manna. God told the Children of Israel to gather manna for 6 days, Sunday through Friday, but none on the Sabbath.*

*If they gathered too much manna Sunday through Thursday and tried to keep it overnight it would spoil. But on Friday they were to gather enough manna for two days. No manna fell on Sabbath and God preserved the extra manna gathered on Friday so it didn't spoil over Sabbath.*

*This continued for 40 years! That's 2080 times God performed a miracle clearly pointing out what day was His Sabbath. The Jews still use the same calendar that they started using at the Exodus. There is no question that the Sabbath of the Exodus is still our Sabbath today.*

*God was testing His people to see if they would obey Him. On the point of the Sabbath He is still testing us today.*

8. **Genesis 2:3 NKJ** Then God blessed the seventh day and \_\_\_\_\_ it ...

**Sanctified** (*Hebrew qadash*):

sanctify, hallow or to set apart for holy use

**Insight:** *In Genesis, the first thing declared holy is not a hill, a shrine, or a place, but a block of time, the seventh day. Time comes to us, instead of us going to it. Once a week, at a thousand miles per hour, the Sabbath circles the globe. Arriving on one sundown, leaving on the next, the seventh day washes over the planet each week like a huge cleansing wave. We never have to seek it. The day always finds us. By making a special time holy, God has made the Sabbath invincible.*

*God protected this memorial from the objects of space, which are vulnerable to men, by placing it in time, which is not.*

*Skipping over no man, yet beyond the destructive grasp of all, the Sabbath stands as the universal, yet invincible, memorial of God's work in making mankind. Framed in time-the most basic element of God's creation-the Sabbath, more than any other Biblical symbol, points us to the essence of our existence: that we are the handiwork of God. Thus, as the prime symbol of our roots, the Sabbath tells us also who we are, why we are, and where we are going, all in a mere twenty four hours. ~ Clifford Goldstein*

**Invitation:**

*So, is Jesus Lord of the Sabbath, or Lord of nothing? Is He Lord of your life? You can't say YES, He's Lord of my life, if He's not Lord of your one 7th in time. Will you spend that time with Him? He's waiting to spend each Sabbath with you.*

**Notes and Questions**

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